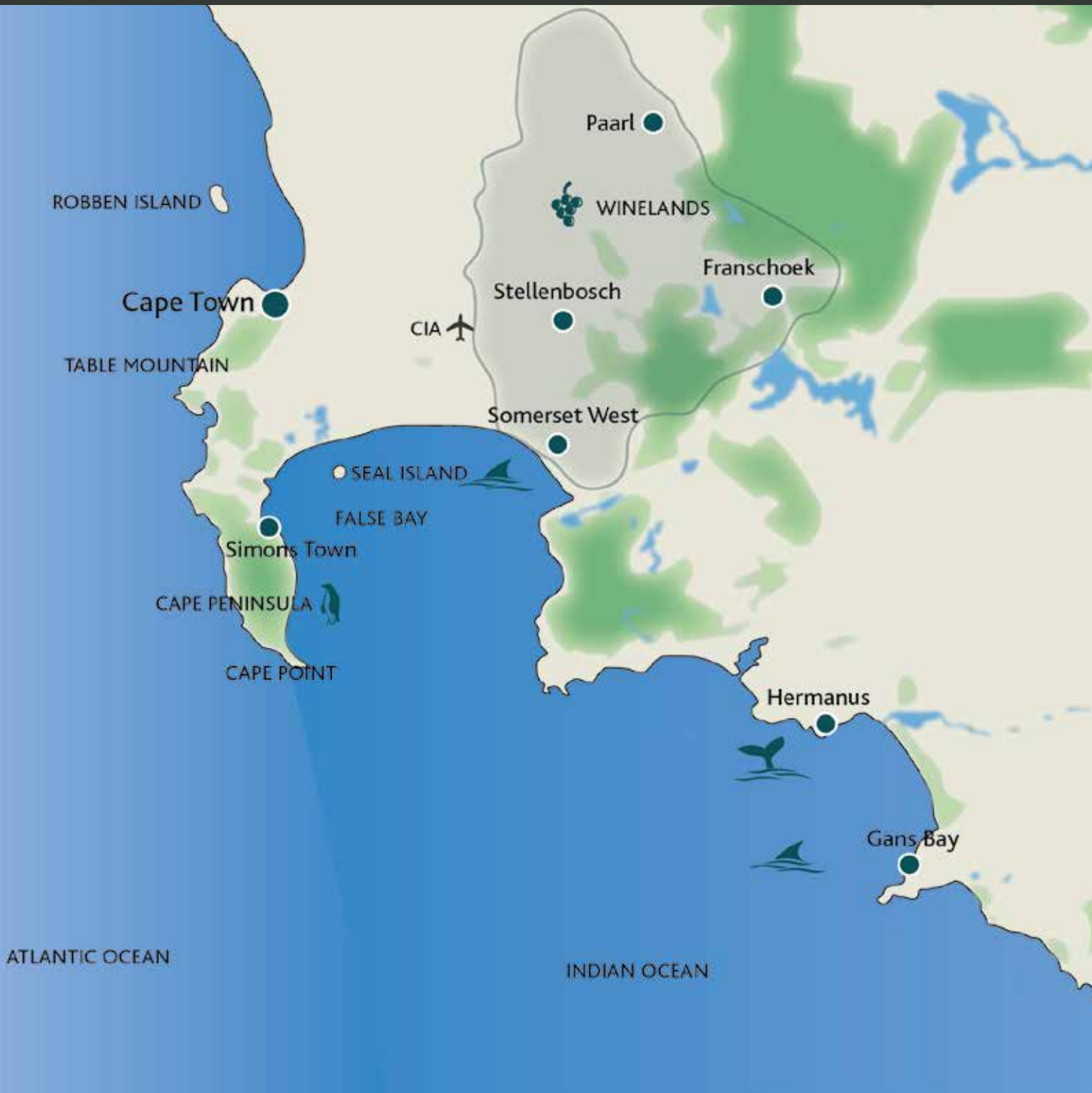




CAPE





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*“The Fairest Cape in all the circumference of the Earth”*





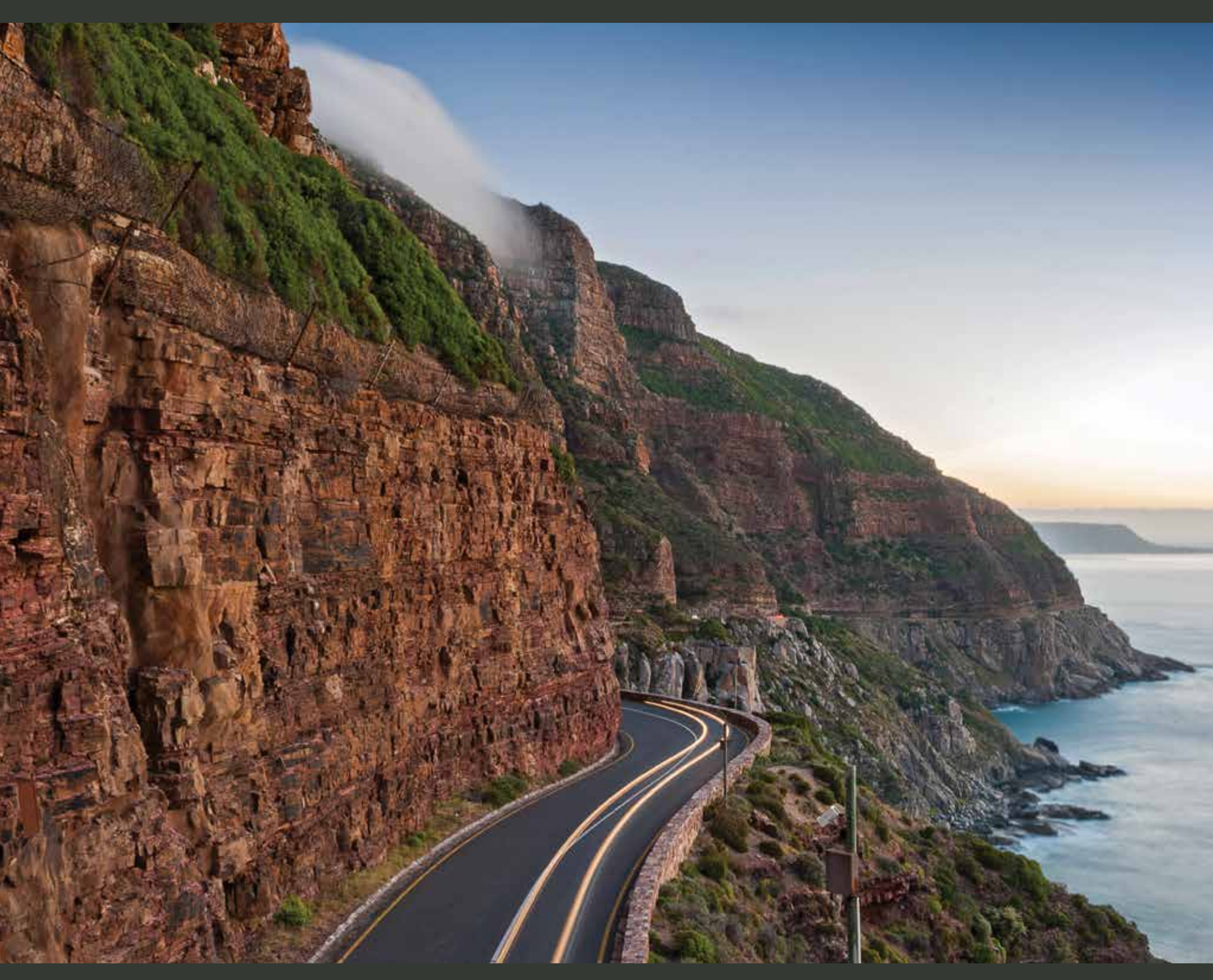
# Introduction

*“The Fairest Cape in all the circumference of the Earth”* was how Sir Francis Drake described Cape Town. Given that he had indeed travelled the world, this accolade should certainly count for something! Today, things are no different; Cape Town is repeatedly voted as a Top Destination by visitors to the city.

Known as “the Mother City,” Cape Town is strung out like a necklace between the steep sandstone cliffs of the Table Mountain range and the blue Atlantic coastline. Unrivalled natural beauty, plant diversity and abundant marine life are just some of the attractions, along with a culturally-diverse city and historical landmarks; all in all making for a large selection of activities in this region.

With some 600 wine estates and a magnet for world-famous chefs, Cape Town is also considered the culinary and wine capital of the subcontinent.

With so many choices to make, how do you find what’s best for you? This is where Wilderness Touring comes in. We provide the means to discover the Cape at our guests’ own pace and with their specific needs in mind, all while following the ethos of sustainable tourism. We aim to ensure that visitors to the Cape have a personalised, unique and seamless experience in conjunction with the rest of their safari.



# Peninsula Tours



All our Peninsula Tours traverse the spectacular coastline of the southern tip of Africa, passing through desirable suburbs and charming villages. Drive over the magnificent Chapman's Peak Drive, admire the beauty of the Cape Floral Kingdom – the most diverse plant kingdom on Earth – and enjoy the panoramic views at Cape Point. Meet the African Penguins who live on Boulders Beach and sample fine seafood whilst gazing out to sea.

## HIGHLIGHTS:

- Stop for a photo op of Table Mountain's towering Twelve Apostles
- At the fishing village of Hout Bay, take a boat to view the Cape Fur Seal colony on Duiker Island (weather permitting).
- Explore the Fynbos vegetation and see birds and endemic fauna in the Cape of Good Hope National Park.
- Stop at the south-westernmost point of Africa, the fabled Cape of Good Hope.
- Climb or ride up to the famous Cape Point Lighthouse.
- After lunch at a coastal restaurant, visit Boulders Beach's colony of African Penguins.
- The journey is an excellent all-rounder, with views of the Atlantic Seaboard on one leg, and Chapman's Peak, past the Cape's longest beach on the other.

There are fantastic activities that are available in conjunction with our Peninsula Tour, packing even more adventure into the day. For example:



### THE GREAT WHITE SHARK SAFARI

Meet the super-predator of the oceans: Visit Seal Island in False Bay with international shark experts to see the great white shark in its natural habitat, along with its prey: some 60 000 Cape fur seals.



*Full day. Season: May – September; excursions depart shortly before sunrise, or in the afternoon. Breaching behaviour can only be seen on the morning excursion*

### CULINARY THEATRE

Spend the morning exploring Cape Point nature reserve before dropping in to visit the penguins. Spend a long lazy afternoon being hosted by acclaimed Chef Bruce Robertson at his home in Simonstown.

Lunch with Chef Bruce is truly a piece of culinary theatre. This seafood experience starts with a glass of bubbles to accompany the first of your 5 courses with wine tasters, finishing some 3 hours later with a sublime dessert. This is a 'Bucket list' occasion for people who love seafood, wine and engaging with others.

*Full day. Limited to a maximum of 16 guests per seating.*





### TAKE TO THE AIR OVER THE PENINSULA

A fabulous eagle's-eye view takes in the Cape Peninsula in all its beauty, from city sights and around the spectacular tip of the Cape. Continue the journey by road, via a sumptuous seafood lunch and the Boulders Beach African Penguin colony.



*Full day.*



### WHALE WATCHING BOAT TRIP

Board a boat at Simonstown Harbour and cruise into False Bay to find the southern right whales that visit our coastline, as well as possible sightings of humpback and Bryde's whales – and very lucky guests may have a rare sighting of orcas.

*Full day. Season: Between June and November each year.*



# Winelands Tours

A visit to the Cape's famed Winelands region is not only for wine enthusiasts. Majestic mountain scenery and picturesque vineyards combine to create some of the most attractive panoramas in the world. About 600 wine producers call the Cape home and their cellars range from historic Cape Dutch to cutting-edge Contemporary. The historic Wine Route towns of Paarl, Stellenbosch and Franschhoek offer many diverse attractions in addition to beautiful views, quaint villages and gourmet delights. Our close collaboration with the owners and winemakers of these estates gives us the scope to bring a unique and in-depth aspect to our Winelands excursions.

## HIGHLIGHTS:

- Estates visited depend on your preferences
- Tastings of high-quality reds and whites as well as Cap Classiques (South African "Champagnes")
- Lunch at one of the many classic restaurants in the area.
- The area is also filled with natural and historic heritage, from the Afrikaans Language Monument with panoramic Boland views, to the historic estates with their beautifully preserved Cape Dutch buildings
- Idyllic Franschhoek is a delight for antique lovers and gastronomes (the town boasts some world-famous eateries).
- Explore Stellenbosch, South Africa's second-oldest town, including quaint Dorp Street, the museum or the many galleries and shops.





## WINELANDS SAFARI EXPERIENCE

This unique excursion in an open Land Rover traverses the slopes of Helderberg Mountain on Waterford Wine Estate to learn about the terroir and enjoy the beautiful vistas, geography and topography of the Winelands. Enjoy wine tasting amongst the vines with tasty treats. Follow this with a cellar tour, or a wine and chocolate tasting in the tasting room.



*Full day or half day.*

## WINELESS WINELANDS – TASTES OF THE CAPE



At a historic estate, sample locally grown olives, tapenades, award-winning olive oils, and dairy and goat's milk cheeses. Enjoy a lazy lunch of fine-cured meats and sausage at Neil Jewell's restaurant. Finally, visit locals mentored by the Belgians in fine chocolate production.

*Full day.*



## CONNOISSEUR'S WINELANDS

An excellent opportunity for serious wine lovers and collectors to interact more closely with winemakers and owners at boutique estates, facilitated by our connoisseur wine guide. Lunch is at a top gourmet restaurant – with wines to match of course.

*Full day.*







# City and Cultural Tours

Cape Town's natural beauty, cosmopolitan flavour and rich cultural diversity offer guests a variety of ways to experience the oldest city in South Africa, hence its name: "The Mother City." Its Top Destination status is reaffirmed by visitors year after year, while its 350-year-old history provides a wealth of places to visit and cultural influences to enjoy. Experience this multifaceted city in a variety of different ways.

## HIGHLIGHTS:

- Walk the summit of Table Mountain (weather permitting); at 1 086 metres above sea level there's a spectacular 360-degree view of city, sea and peninsula.
- Explore the city, including the Company Gardens (where food was grown for passing ships in the 17th century), the SA Museum, Houses of Parliament, National Gallery and St. George's Cathedral.
- Browse for mementos at the market stalls of Greenmarket Square.
- See the Castle, South Africa's oldest building, with its collection of Old Cape paintings.
- Take in the highs and lows of history, from the Grand Parade where Nelson Mandela addressed the nation after his release, to the District Six Museum, which highlights the bitter forced removal of its population during Apartheid.



## CAPE MALAY CULTURE WITH COOKING EXPERIENCE

Meet one of the locals of the Bo-Kaap, the most colourful part of Cape Town and one of its oldest areas, learn about the history of the Cape Malay people and their fragrant cuisine. Visit a spice wholesaler, and spend time with a family, learn how to fold samosas and prepare a traditional Cape Malay meal – which you'll get to enjoy too.



*Half day.*

## AFTERNOON CITY, TABLE MOUNTAIN AND SUNSET CRUISE

Explore the heart of the city, from historic buildings to cultural landmarks, such as the Company Gardens and Parliament buildings. Visit the colourful Bo-Kaap area – a photographer's paradise. Board the Table Mountain Rotair to ascend to the top of the mountain for 360-degree panoramic vistas. Afterwards, drive to the Victoria & Alfred Waterfront, board a boat and sail out into Table Bay for yet more views of the city and mountains, rounded off perfectly by a sundowner.

*Half day.*





## CULTURAL ROBBER ISLAND AND TOWNSHIP EXPERIENCE



Visit Robben Island, prison of Nelson Mandela and other Apartheid political prisoners, and hear from a former prisoner how they dealt with their adversity. Then enjoy township hospitality when you lunch with a local family, and end at Iliso Care Society, which is making a difference through a soup kitchen and orphanage. Discover the humanity that binds our very culturally diverse society.

*Half day*

## ILISO CARE SOCIETY

South Africa's township residents continue to face the challenges of HIV/AIDS and poverty, years after the demise of Apartheid. In response to the needs of the people in her community – in Khayelitsha on the outskirts of Cape Town – Vivian Zilo founded the Iliso Care Society. The key issues here are poverty and unemployment and so, in June 2005, with the help of four other women, she began to provide services to her community to combat these. Iliso has subsequently been registered as a non-profit organisation that brings invaluable assistance to the most vulnerable members of the community.

The Iliso Care Society's main objectives are:

- Providing a nutritious meal for more than 300 vulnerable people per day.
- Combating poverty by encouraging community empowerment.
- Organising workshops for the youth.
- Providing safety and shelter for orphans, vulnerable children, and the elderly.
- Maintaining a vegetable garden to contribute supplies for their soup kitchen.



# Active Tours

Walking, cycling, kayaking or surfing, Cape Town is an excellent place for those who would like to get more active while at the same time seeing the sights. The combination of touring with a physical activity makes for a very different experience, and allows for more freedom as you choose your pace and particular preferences. The routings and itineraries can be tailored to the fitness of participants.





### **CYCLING IN THE WINELANDS OR ON THE PENINSULA**

The scenic Cape Winelands offer a variety of options for those keen to enjoy the fresh air whilst burning off some calories! Bike along back roads, sample fine wines produced on boutique estates, all while enjoying the beauty of the surrounds and the historic architecture. Cycle through Stellenbosch, South Africa's second-oldest town, or through Africa's oldest vineyards in the Constantia Valley, stopping off for a sumptuous lunch at one of the many restaurants, before continuing either by bike or vehicle.

Alternatively, pedal through the breathtaking Cape Point National Park, surrounded by kaleidoscopic fynbos vegetation, unique Cape wildlife and fresh sea air.

*Full day or half day.*

## TABLE MOUNTAIN HIKE

Begin at the famous Kirstenbosch Botanical Gardens, and climb the shady slopes through Skeleton Gorge and up to Maclear's Beacon, Table Mountain's highest point. On the way, marvel at the extraordinary diversity of the indigenous Fynbos flora of the Cape Floral Kingdom – beautiful proteas and ericas are fairly common. At the top, enjoy the panoramic views and then your hard work is over: just enjoy the view on the way down in the cable car! While this is a strenuous five- to six-hour hike, other less demanding walks around the mountain are also available and can be arranged with your guide on the day to suit your fitness level.

*Full day.*



## GUIDED HISTORICAL CITY WALK

The best way to get to the heart of Cape Town is on a tailor-made walking tour. On foot, explore the Old Town, catch the buzz of the city in Greenmarket Square, hear fascinating tales of Dutch rule at the Castle of Good Hope, relive history when Nelson Mandela addressed the nation at the City Hall, stand on the site where slaves were once traded and stroll through the gardens in which they toiled. Visit Parliament, where the Apartheid laws were passed and repealed, and hear of the devastating consequences of these policies through the District Six forced removal.

*Half day.*

## SURF'S UP AT MUIZENBERG BEACH

Start or end your Peninsula day with a visit to Muizenberg, one of Cape Town's famous beach suburbs. Popular with local surfers, the beach faces south and the seabed slope is very gradual, resulting in perfect, gentle, rolling waves that are ideal for learning to surf on! We provide all boards, suits and instruction by very experienced surfers – all you need is a desire to learn and you'll be standing on the board in no time at all.



*Full day.*



## KAYAK TO THE PENGUINS

An active experience in twin kayaks combines well with the Cape's own mainland 'mascots.' After a brief introduction to paddling and manoeuvring the kayaks, set out from Simonstown Harbour. Passing the town's naval base, the route follows the False Bay shores, culminating in a visit to Boulders Beach African Penguin colony, seeing these birds from a very different perspective. Enjoy ocean life and spectacular scenery, pause for a rest and a swim at a secluded beach.

*Full day; an addition to the regular Peninsula Tour. No experience on kayaks is necessary, but a reasonable level of fitness is required.*





# Family Fun Tours

The Cape has plentiful activities and places of interest for children – and their parents! Adventures and learning experiences abound both in the city and further out for children of all ages, including the exciting diversity of marine, bird and animal life encountered in the Cape. Our professional guides will tailor the day's touring to your family, ensuring that young and old alike are entertained.



## FAMILY PENINSULA DAY

Combine the highlights of a Peninsula Tour with options that will keep the whole family enthralled. Mix and match a variety of activities – the choice is yours. Board a boat to a Cape fur seal colony, sea kayak to the Boulders Beach penguin colony or search for that special semi-precious stone at the Scratch Patch. Add an Ostrich Farm, Reptile Park (with 40 species), or the 3 000 bird species of the World of Birds into the mixture, and it makes for an adventure-filled day for the whole family.



*Full day.*

## FAMILY WINELANDS



Make the Cape Winelands family-friendly with a visit to Butterfly World: a 1 000m<sup>2</sup> greenhouse where butterflies fly free and the various stages of their lifecycle can be observed. The Cheetah Outreach Programme is an opportunity to learn about these endangered animals and pet them under controlled conditions, while Eagle Encounters is a sanctuary for the rehabilitation and care of raptors. Falconry flying shows take place throughout the day. For the adults, the area has beautiful scenery, architecture, superb cuisine and some world-class wines to be enjoyed.

*Full day*





## FAMILY CITY AND TABLE MOUNTAIN

This combination provides unique cultural experiences, breath-taking scenery and amazing wildlife for enquiring minds. The city from the top of Table Mountain, after an exciting ascent in the Rotair Cableway, is an unforgettable panorama for everyone. Hear the firing of the Noon Day Gun from Signal Hill; this tradition dates back to Dutch colonial days when the gun signalled the arrival of ships so that farmers could bring fresh produce to the market. Enjoy the old Cape Malay Quarter and the Company Gardens (including the squirrels!). Marvel at the Cape coast's marine life at Two Oceans Aquarium, with its up-close, touch-and-feel exhibits specially designed for children.

*Full day.*



# Other Specialist Tours



One of the many advantages of being in Cape Town is the variety of completely different landscapes within a short distance of the city waiting to be explored. Northwards, the rugged West Coast with its plankton-rich cold ocean current supports masses of marine life. Further north and inland lies the arid Cederberg Mountain range with huge sandstone monoliths and San rock art. Travel east to the town of Hermanus, known for the best land-based whale watching in the world. A few hours further east is the spectacular Garden Route with its indigenous forests, many lagoons and sun-kissed beaches.

With all this as a canvas we have a variety of specialised tours to showcase the region.







## CAPE MARINE EXPERIENCE

Sail almost 40 nautical miles into the ocean to see mako and blue sharks as well as the massive yellowfin tuna that they occasionally hunt. The mako is the fastest shark in the sea and, with its beautiful blue and silver colouring, is a truly magnificent creature, aptly described as “blue dynamite.” In addition, you will be treated to some of the best pelagic bird sightings in the world. From the moment we leave False Bay, we begin to encounter birds that landlubbers never see, including skuas, terns, shearwaters, petrels and penguins, as well as the possibility of up to six different species of albatross. Whales and dolphins of many species are also regular visitors on our run out into the deep. For naturalists wanting a bit of everything oceanic, this is a must.

*Full day.* This fantastic full-day alternative is available outside the Shark Safari season.

## HERMANUS AND DYER ISLAND

Travel along the magnificent coastal road to the charming village of Hermanus. Board a boat to Dyer Island, home to some 8 000 African penguins and 120 000 Cape cormorants, as well as many other coastal species such as African black oystercatchers, terns, skuas and petrels. Just off Dyer Island is Geysers Rock, home to a colony of 60 000 Cape fur seals. From the boat, watch these intelligent mammals play and fish, while great white sharks are prolific in a nearby channel, aptly named Shark Alley. On the return cruise, from June to November, there may well be abundant sightings of southern right whales. During this time, these giants make this town one of the world's top whale-watching destinations, with whales approaching very close to the shore.

*Full day.*



## PROFESSIONAL PHOTOGRAPHIC LEARNING EXPERIENCE

The Cape's stunning settings and atmosphere makes this area a true photographer's paradise, so here's a chance to spend time with an award-winning photographer who will teach you practical methods of digital photography. Meet the evening prior to run through equipment and discuss the plan for the following day. Prepare for an early start to make the most of the ideal early morning light under the expert guidance of your professional photographer. After a full day out, add the perfect finishing touches to your pictures with some lessons in post-production editing techniques.



*Full day or half day.*



# About Wilderness Touring Cape

Wilderness Touring Cape has been an expert in bespoke itineraries to the Western and Northern Cape, and the magical Garden Route regions of South Africa for 15 years. The strength of this boutique operation is that it provides highly personalised service while offering competitive rates, coupled with many years of travel expertise and most importantly, passion.

## OUR PEOPLE

Our hand-picked team of consultants have a wealth of experience that we place at your disposal to ensure a perfect, unique itinerary. Our guides have all been chosen for their special knowledge, their personable dispositions and their ability to share their knowledge in a way that will inspire interest. Their special fields cover a wide range of interests from Archaeology to Zoology and everything in between.

## OUR EXCURSIONS

We aim to bring a unique aspect to even the most popular of activities in the Cape. Our team has an intimate knowledge of the city and surrounds and strives to stay abreast of new activities, restaurants, places of interest, arts and cultural events. Our vehicle fleet has been carefully selected to ensure maximum comfort and all-round visibility.

Our speciality is Fully Inclusive Private Touring which is completely flexible and allows us to focus on your specific interests and preferences. The knowledge that all entrance fees, lunch and refreshments are included leaves you free to maximise your enjoyment of the day.

## A COMPREHENSIVE SERVICE

We are constantly researching new product for our portfolio and striving to bring a unique edge to our excursions.

Our service offering includes:

- Recommended restaurant list which is constantly updated
- Gourmet picnics which can be arranged with full set-up
- Adventure activities such as paragliding, sand-boarding, abseiling and quad-biking
- A highly experienced team in the management of Group bookings
- 24-hour Concierge Facility for assistance with bookings and lost luggage
- Contact with guests who are travelling and feedback to agents
- Incident Management Facility available to all guests who travel with us

Ultimately, we strive to be your destination hosts to ensure that you get the maximum enjoyment out of your visit.



*There's a wealth of places to see and things to do, and this brochure is just the tip of the iceberg!*

*For more details, please go to our website: [www.wilderness-touring.com](http://www.wilderness-touring.com)*





PHOTOGRAPHERS LIST: Adam Harrower, Apex Shark Expeditions, Bruce Robertson, Cape Canopy Tours, Caroline Culbert, Chris Goodwin Dana Alan, David Rogers, JD Dunn, Jon-Erik Munro, Marine Dynamics, Moreson, NAC Makana. If we have left anyone out, this has not been intentional and we apologise.



  
WILDERNESS  
TOURING

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